

WCS WORSBROUGH WEEKLY



RISING STARS FEBRUARY HALF TERM HOLIDAY CLUB 2025

MONDAY 16TH FEBRUARY - FRIDAY 20TH FEBRUARY

(HOLIDAY CLUB IS FOR CHILDREN AGED 5 & UP)

SESSION OPTIONS:
9AM-3PM £15 (BRING YOUR OWN LUNCH)
9AM-3PM £18 (LUNCH INCLUDED)
8AM-4PM £30 (LUNCH INCLUDED)
(SNACKS ARE INCLUDED FOR ALL SESSIONS)

**MESSAGE US ON FACEBOOK
OR CALL US ON 07544068308 TO BOOK**

Amazing
creations
from Craft
club!





**The winning house for last week was Wembley!
The following children received House Hero certificates:**

Headingley- Maya T

Twickenham- Charlie S

Wimbledon- Emily W & Florence T

Wembley- Dennis A

Dates For Your Diary

W/C 2nd Feb - Year 5 Bikeability

Friday 13th Feb - Break up for half term.

Monday 23rd Feb - Return to school.

Trips:

Thursday 12th Feb - Year 5 Madni Mosque

Tuesday 3rd March - F2 Williams Den

Wednesday 4th March - Year 3 National Coal Mining Museum

Wednesday 25th March - Nursery Eureka!

RED & READY: A HEALTHY LIVING PROGRAMME

FREE



Looking to find work? Needing a little support?

Join our 6 Week Programme and learn through

- Interactive workshops, physical activities & developing new skills
- Group discussion and peer support, providing practical help back into employment

Mental Health & Wellbeing

- Managing stress and everyday pressures
- Practical tools to support positive mental wellbeing



Physical Activity

- Simple, enjoyable ways to move more
- Building confidence to stay active



Healthy Eating

- Understanding food labels & portion sizes
- Making healthier choices without giving up the foods you love



What's involved?

- Free fitness classes
- Meal prep hampers for clean and affordable meals
- Mental health walk and talk with a cuppa!
- Wreath making
- Pathways to courses to focus on personal development
- Free and friendly support to help you make the changes you need



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